

Links to Information

[How To Wash Your Hands](#) - NHS

[Get Healthy with the Better Health App](#) - NHS

[Connect Newsletter For People With Learning Disabilities](#) - People First Dorset

[Safewise Skills For Life](#) - virtual family tour

[CAPT Parent Pack](#) - child accident prevention trust

[Getting Ready For School](#) - Dorset Council Resources

[Dorset Mental Health Forum Sports and Social Activities](#) - Facebook page

[Cerebra Newsletter](#) - for children with brain conditions

[Dorset SEND Newsletter](#) - special educational needs and disabilities

[Dorset FIS Newsletter](#) - family information service

[Saturday Activities](#) - Usborne



DON'T FORGET

All the previous links to activities and information that we have shared since the start of lockdown are [still on our website](#)